Being READY starts with you! Getting an Emergency Supply Kit and being informed about emergencies is a community responsibility. Learn more about being prepared: Register and take our no-cost, on-line courses at www.teexwmdcampus.com. (Select AWR-160-W or AWR-175-W.) For more readiness information, visit teex.org/Pages/resources/are-you-ready.aspx.

**Emergency Supply Kit**

1. **RECOMMENDED items to include in an Emergency Supply Kit**
   - Water, one gallon of water per person per day for at least three days, for drinking and sanitation
   - Food, at least a three-day supply of non-perishable food
   - Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
   - Flashlight and extra batteries
   - First aid kit
   - Whistle to signal for help
   - Dust mask, to help filter contaminated air, and plastic sheeting and duct tape to shelter-in-place
   - Moist towelettes, garbage bags and plastic ties for personal sanitation
   - Wrench or pliers to turn off utilities
   - Can opener for food (if kit contains canned food)
   - Local maps

2. **ADDITIONAL items to consider adding to an Emergency Supply Kit**
   - Prescription medications and glasses
   - Infant formula and diapers
   - Pet food and extra water for your pet
   - Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
   - Cash or traveler's checks and change
   - Emergency reference material such as a first aid book or information
   - Sleeping bag or warm blanket for each person (Consider additional bedding if you live in a cold weather climate.)
   - Complete change of clothing including long-sleeved shirt, long pants and sturdy shoes (Consider additional clothing if you live in a cold-weather climate.)
   - Household chlorine bleach and medicine dropper -- When diluted (nine parts water to one part bleach) bleach can be used as a disinfectant. Or, in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color-safe bleach or bleaches with added cleaners.
   - Fire extinguisher
   - Matches in a waterproof container
   - Feminine supplies and personal hygiene items
   - Mess kits, paper cups, plates, plastic utensils, paper towels
   - Paper and pencil
   - Books, games, puzzles or other activities for children